

Gluten Free Foods Process Flow

New patients

Diagnosis of gluten enteropathy (coeliac disease) / dermatitis herpetiformis confirmed by positive blood screening plus jejunal biopsy.

Patient referred to dietician

(If dietetic referrals are delayed, the patient may be directed straight to the pharmacy for gluten free foods and reassessed once seen by the dietetic service)

Dietician informs patient informed that they are entitled to certain gluten free foods on NHS and issues:

- Patient letter regarding the scheme
- PCT Gluten-Free Foods Patient Guide
- Referral to Pharmacy letter
- Gluten Free Food Requirements Patient Monthly Order Form

Existing patients

When patient attends GP practice to collect repeat prescription GP issues:

- Patient letter regarding the scheme
- PCT Gluten-Free Foods Patient Guide
- Referral to Pharmacy letter

Patient attends Pharmacy of their choice

Pharmacist and patient agree products and quantities to be supplied within local guidelines (based on Coeliac UK guidance) and maximum monthly units as advised by the dietitian and complete an initial Patient Monthly Order Form.

Pharmacist issues:

- Gluten Free Food Requirements Patient Monthly Order Form for the next month's order

Pharmacist controls gluten free food supplies on a monthly basis according to agreed guidelines. Orders may be supplied no more frequently than every 4 weeks (allowances may be made for orders to cover holidays)

Pharmacist issues with each supply a 'Gluten Free Food Requirements Patient Monthly Order Form' for the following month's order

Individual patient concerns should be referred to the dietician at either:

Kettering General Hospital 01536 492317 or

Northampton General Hospital 01604 545728

Dietitians will offer advice over the telephone to both pharmacists and patients