

**Locally Enhanced Service Contract 2012-13
Gluten Free Food Supply**

Gluten –Free Food Allowance Guide

Maximum number units per calendar month	
Children	Adults
Child 1 – 3 years = 10	Male 19 – 59 years = 18
Child 4 – 6 years = 11	Male 60 – 74 years = 16
Child 7 – 10 years = 13	Male 75+ years = 14
Child 11- 14 years = 15	Female 19 – 74 years = 14
Child 15 – 18 years = 18	Female 75+ = 12
	Breastfeeding = Add 4 units
	3 rd Trimester Pregnancy = Add 1 unit