
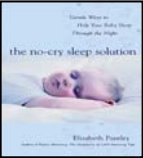

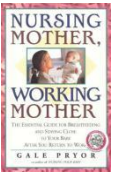
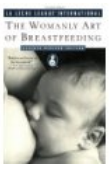



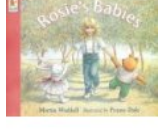
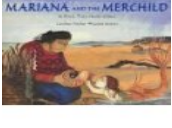




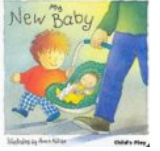




Read Yourself Well: **Babies & Breastfeeding**

If you would like help finding any of these books at your library, please tick the appropriate box and give to library staff. They will be happy to help you.

 Mary Renfrew, Chloe Fisher, Suzanne Arms	<p><u>BREASTFEEDING</u></p> <p><i>"I found this book to be very informative. Lots of pictures and illustrations to help you learn the proper technique".</i></p>	Please Tick <input type="checkbox"/>	 Hannah Hulme Hunter, Rosemary Dodds	<p><u>FOOD FACTS FOR PREGNANCY AND BREASTFEEDING</u></p> <p><i>"I gained lots of good advice on breastfeeding, and feeding my baby".</i></p>	Please Tick <input type="checkbox"/>
 Naomi Stadlen	<p><u>WHAT MOTHERS DO</u></p> <p>Realities of being a mother.</p> <p><i>"This book appreciates what it's like being a mother all day".</i></p>	Please Tick <input type="checkbox"/>	 Sandra Lang	<p><u>BREASTFEEDING SPECIAL BABIES</u></p> <p>Appropriate for nursing/midwifery professionals on the basics of breastfeeding, lactation, positioning and attachment, milk supply, the impact of common drugs, as well as problems and their resolution.</p>	Please Tick <input type="checkbox"/>
 Norma Jane Bumgarner	<p><u>MOTHERING YOUR NURSING TODDLER</u></p> <p>A handbook for mothers who breastfeed their children past infancy.</p> <p><i>"A wealth of information for the mother who is, or plans to be, nursing a toddler."</i></p>	Please Tick <input type="checkbox"/>	 Elizabeth Pantley	<p><u>THE NO-CRY SLEEP SOLUTION</u></p> <p>Provides effective strategies to overcoming naptime and night time problems.</p> <p><i>"This book is a life-saver and is perfect for anyone, who does not want to use the 'cry it out' method to help their baby to sleep."</i></p>	Please Tick <input type="checkbox"/>
 Diane Bengson	<p><u>HOW WEANING HAPPENS</u></p> <p>Covers social and cultural differences among breastfeeding families, pressures to wean and various other methods and reasons to wean.</p> <p><i>"This book is great! Its easy to read and very interesting."</i></p>	Please Tick <input type="checkbox"/>	 Nancy Mohrbacher & Julie Stock	<p><u>THE BREASTFEEDING ANSWER BOOK</u></p> <p><i>"An easy to work through, comprehensive guide to breastfeeding."</i></p>	Please Tick <input type="checkbox"/>
 Sue Gerhardt	<p><u>WHY LOVE MATTERS</u></p> <p>An insight into how different kinds of parenting affects brain chemistry and adult life.</p>	Please Tick <input type="checkbox"/>	 Jane Moody, Caroline Deacon	<p><u>BREASTFEEDING FOR BEGINNERS</u></p> <p>Aims to provide support for new mothers at the trying and painful time of breastfeeding a new baby.</p>	Please Tick <input type="checkbox"/>

 <p>By Gale Pryor</p>	<p><u>NURSING MOTHER, WORKING MOTHER</u> Pregnant mothers, mothers on maternity leave, or mums already back at work will discover in this book why many working women find breastfeeding the easiest way to feed their babies.</p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>La Leche League</p>	<p><u>THE WOMANLY ART OF BREASTFEEDING</u> <i>"I would recommend it to everyone wanting to breastfeed or wanting to know more about breastfeeding".</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>
 <p>Mohrbacher and Stock</p>	<p><u>BREASTFEEDING MADE SIMPLE</u> <i>"An easy-to-use breastfeeding resource for new mothers"</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>Dorothy Corey</p>	<p><u>WILL THERE BE A LAP FOR ME?</u> <u>FOR CHILDREN</u> Helping young children with the concept of sharing a parent with other siblings.</p>	<p>Please Tick</p> <p><input type="checkbox"/></p>
 <p>Mick Manning, Brita Granstrom</p>	<p><u>THE WORLD IS FULL OF BABIES</u> <u>FOR CHILDREN</u> "Helped my toddler to identify with babies and learned that other animals nurse just as we do. Also putting in context for her having a baby in the womb."</p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>M Wadell</p>	<p><u>ROSIE'S BABIES</u> <u>FOR CHILDREN</u> Anticipated arrival of a sibling. <i>"For all families, especially when a New Baby is anticipated or has arrived".</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>
 <p>C Pitcher, J Morris</p>	<p><u>MARIANA AND THE MERCHILD</u> <u>FOR CHILDREN</u> <i>"This book is a must for anyone who believes in breastfeeding."</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>Mairi Hedderwick</p>	<p><u>KATE MORAG AND THE TIRESOME TED</u> <u>FOR CHILDREN</u> For children facing the arrival of a new baby in the family <i>"These books have so much to explore in the stories and illustrations."</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>
 <p>Mairi Hedderwick</p>	<p><u>KATE MORAG AND THE GRAND CONCERT</u> <u>FOR CHILDREN</u> Trials and tribulations of being a child <i>"Humorous treat for young and old alike".</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>Frank Endersby</p>	<p><u>WAITING FOR A BABY</u> <u>FOR CHILDREN</u> Story following the forthcoming birth of a new baby. <i>"This book was so helpful. I didn't realise until afterwards what a big impact it had on our son".</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>
 <p>Mary Joan Deutschbein</p>	<p><u>MAGGIE'S WEANING</u> <u>FOR CHILDREN</u> Help and advice for parents introducing weaning to their young children.</p>	<p>Please Tick</p> <p><input type="checkbox"/></p>	 <p>Annie Kubler</p>	<p><u>MY NEW BABY</u> <u>FOR CHILDREN</u> How to involve an existing child with their new sibling. <i>"I thought this book was fab! I loved the idea that it has no words but very detailed pictures".</i></p>	<p>Please Tick</p> <p><input type="checkbox"/></p>

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Telephone: 01604 462049

Email: enquiredirect@northamptonshire.gov.uk

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