Welcome to our first Joint Annual General Meeting

Toby Sanders
Chief Executive
Northamptonshire CCGs

‘Corby and Nene CCGs working together for Northamptonshire’
About Northamptonshire’s NHS

- Population 741,209
- 71 practices
  - Corby CCG - 5 practices
  - Nene CCG - 66 practices
- Joint budget £940.948M
- £1,269 per resident

‘Corby and Nene CCGs working together for Northamptonshire’
Working with six main providers

- GP Practices
- Northampton General Hospital NHS Trust
- Social Care / Voluntary Sector
- Northampton Healthcare Foundation Trust
- East Midlands Ambulance Service
- Kettering General Hospital NHS Foundation Trust

+ many others inside and outside Northamptonshire

‘Corby and Nene CCGs working together for Northamptonshire’
Provider Contracts Cover

Acute care
A&E
Inpatient, Outpatient
Maternity Care

Community Services
Nursing
Immediate care
Community hospital care
Palliative care

Primary care-led services
Mental health and learning disability services
Ambulance and patient transport services

‘Corby and Nene CCGs working together for Northamptonshire’
Round Table Discussions – Clinical Priorities

- Urology
- Respiratory
- Musculoskeletal (MSK)
- Frailty

‘Corby and Nene CCGs working together for Northamptonshire’
Looking back

2018/19

• Dr Joanne Watt, NHS Corby CCG Clinical Chair

• Dr Darin Seiger, NHS Nene CCG GP Chair
Northamptonshire
CCGs
Working Together

‘Corby and Nene CCGs working together for Northamptonshire’
Achieving Together

• Speeding up Care Home Placements
• Multi-Disciplinary Foot Team Service (MDFT)
• Specialist Community Perinatal Mental Health Service
• Nurse Training Scheme – National first!
• Maternity services - aligning to NHS England Better Births report by 2021
Achieving Together

• NHS Corby and Nene CCGS working with HealthWatch Northamptonshire to improve Children’s Mental Health
Both CCGs Achieving

- Improving Access To Primary Care Services
- Changes to Stroke Services
- Supporting our Armed Forces Family
- Defence Employer Recognition Scheme

‘Corby and Nene CCGs working together for Northamptonshire’
NHS Corby and NHS Nene CCG

Our Hospitals
Improving Quality Of Care

• Kettering General Hospital rated “Requires Improvement”
  Latest inspection: 04 to 07 Feb 2019

• Northamptonshire Healthcare NHS Foundation Trust rated “Outstanding”
  Latest inspection: 4 June 2018
  Report published: 16 August 2018

• Northampton General Hospital rated “Good”
  Last Report published: 8 November 2017

‘Corby and Nene CCGs working together for Northamptonshire’
Performance Achievements

Northamptonshire CCGs

- Six Week Diagnostic Wait – 99% patient access to diagnostic test
- Trolley Waits – no waits over 12 hours after decision to admit
- Cancer - 31 day wait for drug treatment and radiotherapy – above national target of 98% and 94%
- Cancer – 62 day wait screening to treatment – both CCGs above national target of 85%
- Care Programme Approach - mental health patient follow up within seven days of discharge Corby 100% Nene 98.2% against national target of 95%
- No cases of Methicillin-Resistant Staphylococcus Aureus Bacteraemia (MRSA) reported across Northamptonshire
- Operations – No urgent operations cancelled for a second time

‘Corby and Nene CCGs working together for Northamptonshire’
Performance Achievements

Psychological Therapies

Northamptonshire CCGs

✓ 100% Corby and 99.8% Nene patients requiring Psychological Therapies had treatment completed within 18 weeks, National standard = 95%

✓ 97% Corby and 95% Nene completed 6 week treatment National Standard = 75% standard

✓ Rolling IAPT Access - both meeting national target of 16.8%

‘Corby and Nene CCGs working together for Northamptonshire’
Challenges ahead

- Reducing A&E waiting times and relieving pressures on urgent care system
- Ambulance response times and handovers
- Cancer performance standards at both hospitals - NGH priority
- Preventing decline in 18-week Referral to Treatment time - planned care
- Reducing number of 52+ week waits for planned care to zero
- Reducing numbers of operations cancelled on the day and increasing offer of slot within 28 days
- Continuing the improvement seen in delivery of 62-day waiting time standards at Northampton General Hospital NHS Trust
- Reducing breaches in mixed sex accommodation at NGH
- Improving rates of C Diff
- Mental health remains a high priority for the CCGs and our health partners

‘Corby and Nene CCGs working together for Northamptonshire’
Northamptonshire Health and Care Partnership

Toby Sanders
Chief Executive
Northamptonshire CCGs

‘Corby and Nene CCGs working together for Northamptonshire’
What is our Health and Care Partnership?
Why have we created it?
What do we hope to achieve?
Our challenge…our opportunity…

The health and care needs of our community are escalating
As demand grows we must work together so this does not compromise quality and outcomes

- These challenges reflect the national picture
- We must align local needs with national policy context and priorities.

We are now seizing the opportunity to work together to address these challenges
FOR THE PEOPLE WE CARE FOR:
What *could* this feel like?

- Better **primary and community service** support for patients with high risks, so they are less likely to need urgent care

- **Unifying** how our **acute services** work together so you will get the best outcomes if you need these services

- More ways to support your **health and wellbeing** in our community

- Better access to GPs, primary and community care – which will mean we have less pressured **emergency and urgent** and care services
The story so far...

• **Urgent care** – partnership working to explore and find resolutions for the challenging pressure on the system, which resulted in reduced pressure compared with last winter, and allowed patients to be discharged more quickly.

• **Health system led investment in provider digitisation** – £5.177m funding secured over three years to develop system-wide digital solutions.

• **Launch of Single Health Resilience Early Warning Database** – a new web-based portal providing a consolidated, real-time view of system capacity across the county health economy, simplifying responses to system pressure and enabling health and social care organisations to share data to proactively tackle the causes of pressure.
The story so far...

- Medical interoperability gateway – linking key health care information to joining people’s information together to support care. Perinatal mental health service – much-needed, targeted intervention and support for mothers and their families in need of mental health needs.
- Primary care at scale – GPs working together at scale to improve access to local primary care.
- Stroke services – NHCP partners and key stakeholders including patients and carers, have worked together on redesigning the Northamptonshire stroke pathway.
How will we know we are doing the right things?

We hope that through working together and creating our Partnership, our those in community will have...

**OUR VISION:**
A positive lifetime of health, wellbeing and care in our community

- Improved quality of care and outcomes for our community
- A community engaged in and proud of their health and care
- Sustainable services with balanced finances
Annual Accounts 2018/19 and Finance Update

Stuart Rees
Chief Finance Officer
Finance Update

Stuart Rees
Chief Finance Officer
Introduction

• The 2018-19 financial position and the planned spend for 2019-20.
• The allocation for Corby CCG effectively sets the financial envelope that can be spent on our residents for healthcare.
• Corby CCG distributes the allocation it receives to a wide range of healthcare providers across the county and for out of county services.
# 2018-19 Financial Obligations

<table>
<thead>
<tr>
<th>Target Position</th>
<th>Achieved Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue spend target for 2018-19 must not exceed the in-year allocation of £112.626m</td>
<td>The CCG remained within the in-year allocation and met its control total of breakeven</td>
</tr>
<tr>
<td>Revenue administration spend not to exceed allocation of £1.572m</td>
<td>Actual administration spend, including the CSU contract was £1.571m</td>
</tr>
<tr>
<td>95% of Non NHS invoices to be paid within 30 days</td>
<td>99.36% of invoices paid within 30 days</td>
</tr>
<tr>
<td>Remain within cash funding</td>
<td>Bank balance of £48,437 at the year end</td>
</tr>
</tbody>
</table>
How was the Money Spent?

- In 2018-19 NHS Corby CCG received £1,404.08 per patient which was spend as follows:

<table>
<thead>
<tr>
<th>Area of Spend</th>
<th>£ per Patient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Healthcare Services</td>
<td>£743.97</td>
</tr>
<tr>
<td>Primary Care &amp; Prescribing Services</td>
<td>£174.50</td>
</tr>
<tr>
<td>Primary Care Co-Commissioning</td>
<td>£126.95</td>
</tr>
<tr>
<td>Community Services</td>
<td>£125.79</td>
</tr>
<tr>
<td>Mental Health Services</td>
<td>£119.20</td>
</tr>
<tr>
<td>Continuing Care Services</td>
<td>£73.04</td>
</tr>
<tr>
<td>Other Programme Services</td>
<td>£21.04</td>
</tr>
<tr>
<td>Running Costs</td>
<td>£19.59</td>
</tr>
<tr>
<td><strong>Total Spend</strong></td>
<td><strong>£1,404.08</strong></td>
</tr>
</tbody>
</table>
2019-20 Planned Areas of Spend

Planned Area of Spend 2019/20

- Acute: 53%
- Mental Health: 9%
- Community: 9%
- Continuing Care: 9%
- Primary Care: 12%
- Other Programme: 2%
- Primary Care Co-Commissioning: 5%
- Running Costs: 1%
- Contingency: 0%
2019-20 Planned Areas of Spend

• Corby CCG received an allocation uplift of 6.6% in 2019-20

• The CCG has developed a financial plan to achieve the control total set by NHS England of a breakeven position and undertake best endeavours to achieve a surplus of £160k. This plan includes a savings target of £2.3m

• The CCG will need to introduce relevant measures to improve the underlying run rate and maintain financial sustainability

• The financial plan incorporates the national requirements around Mental Health & Primary Care spend
NHS Nene CCG Finance Update
Stuart Rees, Chief Finance Officer
Introduction

• The 2018-19 financial position and the planned spend for 2019-20.
• The allocation for Nene CCG effectively sets the financial envelope that can be spent on our residents for healthcare.
• Nene CCG distributes the allocation it receives to a wide range of healthcare providers across the county and for out of county services.
# 2018-19 Financial Obligations

<table>
<thead>
<tr>
<th>Target Position</th>
<th>Achieved Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue spend target for 2018-19 must not exceed the in-year allocation of £828.322m</td>
<td>The CCG remained within the in-year allocation and met its control total of breakeven</td>
</tr>
<tr>
<td>Revenue administration spend not to exceed allocation of £13.901m</td>
<td>Actual administration spend, including the CSU contract was £10.607m</td>
</tr>
<tr>
<td>95% of Non NHS invoices to be paid within 30 days</td>
<td>99.17% of invoices paid within 30 days</td>
</tr>
<tr>
<td>Remain within cash funding</td>
<td>Bank balance of £277,847 at the year end</td>
</tr>
</tbody>
</table>
Areas of Spend in 2018-19

- Acute Healthcare Services: 57.6%
- Primary Care & Prescribing Services: 14.6%
- Mental Health Services: 10.5%
- Community Services: 9.3%
- Continuing Care Services: 6.4%
- Running Costs: 0.3%
- Other Programme Services: 1.3%
How was the Money Spent?

In 2018-19 NHS Nene CCG received £1,224.65 per patient which was spent as follows:

<table>
<thead>
<tr>
<th>Area of Spend</th>
<th>£ per Patient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Healthcare Services</td>
<td>£705.85</td>
</tr>
<tr>
<td>Primary Care &amp; Prescribing Services</td>
<td>£178.60</td>
</tr>
<tr>
<td>Mental Health Services</td>
<td>£128.19</td>
</tr>
<tr>
<td>Community Services</td>
<td>£114.06</td>
</tr>
<tr>
<td>Continuing Care Services</td>
<td>£78.31</td>
</tr>
<tr>
<td>Running Costs</td>
<td>£15.68</td>
</tr>
<tr>
<td>Other Programme Services</td>
<td>£3.95</td>
</tr>
</tbody>
</table>

**Total Spend**  
£1,224.65
Allocation and Area of Spend in 2019-20

Planned Area of Spend 2019/20

- Acute: 57%
- Mental Health: 14%
- Community: 9%
- Continuing Care: 6%
- Primary Care: 1%
- Other Programme: 1%
- Primary Care Co-Commissioning: 1%
- Running Costs: 0%
- Contingency: 1%
2019-20 and Beyond

• Nene CCG received an allocation uplift of 5.7% in 2019-20.
• The CCG has developed a financial plan to achieve the control total set by NHS England of a breakeven position and undertake best endeavours to achieve a surplus of £2.6m. This plan includes a savings target of £27m.
• The CCG will need to introduce relevant measures to improve the underlying run rate and maintain financial sustainability.
• The financial plan incorporates the national requirements around Mental Health and Primary Care spend.
Strengthening Primary Care

Julie Curtis
Director of Primary & Community Integration
National Picture

• Declining workforce
• Higher demand
• We need to attract and retain workforce to Northamptonshire

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Students, Trainees, Nurses and GPs

- We are proactively developing our medical academies and as a result throughout 2017/18 increased capacity locally to deliver in excess of an additional 200 medical student placements across the community and General Practice services.
- In 2018/19 was the first year that Northamptonshire has exceeded the fill rate of GP specialty trainees.
- We have utilised a system wide recruitment campaign to attract additional nurses to General Practice and accelerate their career through a new and innovative training programme. This has contributed to our 16% increase over the last 12 months of practice nurses in the county.
- Much like the national picture, we are still seeing a declining trend for GP numbers; the CCGs have recently embarked on an International GP Recruitment Programme to address the shortage in GP numbers. To date we have successfully secured 10 International recruits on our programme, with a further 12 anticipated by the end of 2019.
New GP Contract

• 16 Primary Care Networks
• Groups of GP Practices coming together accountable for the health and well being of their populations and communities
  ➢ Clinical Directors
  ➢ Clinical Pharmacists
  ➢ Social Prescribing Link Workers
• Retention by offering opportunities
  ➢ GPs with Extended Roles – Frailty, ENT
Local Picture

- 16 Primary Care Networks across Northamptonshire
  - 4 in South Northamptonshire
  - 6 in Northampton
  - 6 in North Northamptonshire
- Population size ranges from 30,000 to 77,440
- Networks range from 2 to 9 Practices
- 100% population coverage across the STP footprint
North Northamptonshire

Red Kite Healthcare PCN
4 Practices
Population: 58,272

Rockingham Forrest PCN
4 Practices
Population: 67,046

Triangle PCN
2 Practices
Population: 33,666

Kettering and South West Rural PCN
3 Practices
Population: 30,156

East Northants PCN
9 Practices
Population: 77,455

Wellingborough and District PCN
8 Practices
Population: 76,378

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Daventry PCN
2 Practices
Population: 33,721

Northamptonshire Rural PCN
5 Practices
Population: 49,394

Northampton PCN
See next slide

Parkwood PCN
3 Practices
Population: 33,925

Brackley & Towcester PCN
4 Practices
Population: 42,514

‘Corby and Nene CCGs working together for Northamptonshire’
Northampton

MMWF PCN
5 Practices
Population: 46,862

Blue PCN
6 Practices
Population: 57,657

Arc Hub PCN
3 Practices
Population: 31,014

M-WEB PCN
3 Practices
Population: 31,352

Royal Parks PCN
5 Practices
Population: 37,503

Grand Union PCN
5 Practices
Population: 66,432

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Integration to Support Primary Care Workforce

- Services wrapped around the PCN
- Closer working with community services, social care, mental health and the voluntary sector
  - District & Community Nurses
  - Mental Health Practitioners
  - Therapists
  - Pharmacists
  - Social Workers
  - Care at home
  - Rapid intervention
  - Team approach

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New Care Model

'Corby and Nene CCGs working together for Northamptonshire'
Social Prescribing at scale across Northamptonshire

Stuart Mallett
NHCP Health & Wellbeing Programme SRO
Prevention, Community Engagement & Behaviour Change
What really causes ill-health?

Our health is determined by our genetics, lifestyle, the healthcare we receive and our wider economic, physical and social environment. Although estimates vary, these wider determinants of health have the largest impact.
Social Prescribing

How can we help people to help themselves and bend the trend from medicalisation to socialisation?
What is Social Prescribing?

Social Prescribing (or 'Community Referral') is a way for practices to refer patients with social, emotional or practical needs to a wider range of non-clinical and local services to support patients.

Who is Social Prescribing for?

There is no defined list of who you should prescribe for, but several recent pilots in the UK have benefited patients with these characteristics:

- History of mental health problems
- Frequent GP clinic attendees
- Two or more Long-Term Conditions (LTCs)
- Socially Isolated
- Untreatable or poorly-understood LTCs (e.g. chronic fatigue, IBS)
- Patient not benefiting from clinical or drug treatment

What are the benefits?

- A better outcome for the patient
- Less use of GP appointments
- Clinicians can focus on medical issues
- Increase of the range of services offered in and outside the practice
- A more 'holistic' care package for patients in need
- More cost-effective use of practice resources

8 Dimensions of Wellness

- Spiritual
- Intellectual
- Emotional
- Physical
- Social
- Environmental
- Financial
- Occupational

What kinds of services are available?

- Exercise/Healthy lifestyles
- Self-Management programmes
- Money Advice - debt, benefits, fuel poverty
- Carer's Support
- Dementia Support
- Housing / Adaptations Help
- Social / Leisure Activities and Groups
- Transportation / Mobility
Progress Made to-date

- Socialisation and Alignment
  - Link Workers
- Directory of Services
- VCSE Assurance
- Evaluation and Impact Measurement
- Partner Engagement

Implementation Timescale:

- Full Business Case and priority approved August 2019
- 16 Primary Care Network Social Prescribing Link Workers commence employment September 2019
- ‘System’ Financial Plan approval from October 2019
- Mobilisation January to April 2020
- ‘Go Live’ May 2020
Looking Forward

Toby Sanders
Chief Executive
Northamptonshire Clinical Commissioning Groups

Corby and Nene CCGs working together for Northamptonshire
Looking Forward

• Long term NHS ten year plan
• Primary Care Networks
• Northamptonshire Health and Care Partnership
Our Future Plans

• Deliver on constitutional standards
• Working towards establishing a single CCG for Northants
• Improve the way we plan and buy services
• Improve health outcomes for local people Northamptonshire
• Focus on prevention and self-care

‘Corby and Nene CCGs working together for Northamptonshire’
Thank-you for coming today!

Question and Answer Session

If you would like to be involved in any future patient and public engagement event please contact:

nccg.communications@nhs.net
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