

Northamptonshire's "Future in Mind" Transformation Plan

In March 2015, NHS England and the Department of Health published the national strategy for children and young people's mental health and emotional wellbeing called "Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing." It emphasised that the mental health and wellbeing of children and young people is everyone's business, outlined improvements we need to make nationally and locally; and how we all need work together to make this happen.

Future in Mind makes a number of proposals the government wishes to see by 2020. These include:

- tackling stigma and improving attitudes to mental illness
- introducing more access and waiting time standards for services
- establishing 'one stop shop' support services in the community - one place to access all services
- improving access for children and young people who are particularly vulnerable

For more information about Future in Mind, please visit

<https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people> where you can access the full report, an easy read version of the report and a summary for children and young people.

To achieve the improvements set out in *Future in Mind*, each local area must develop a "transformation plan." In Northamptonshire, organisations working in this sector have come together to develop a local action plan to make sure that we achieve our goals...



...But what does it include?

Northamptonshire's Transformation Plan



Increased focus on earlier help for children and young people

